



THE FIVE LOVE LANGUAGES: QUALITY TIME

SERMON STUDY GUIDE

The story of Mary and Martha serves as a great way to see how Jesus valued quality time. Quality time doesn't merely mean being able to set aside the unimportant for the important, it can also mean setting aside the urgent or necessary for the sake of the essential. It's a lesson Martha had to hear and one that we likely need to hear as well.

First Step - Read Scripture

Luke 10:38-42

Matthew 6:25-34

- Step In -

As an observer, what strikes you about Martha's behavior?

Compare and discuss Mary and Martha's behaviors.

Discuss the specific items of Bill's list on page 58, [The 5 Languages of Love](#)

- Step Up -

Looking at the verse in Matthew, why does it matter what we focus on?

What is the lesson?

- Step Out -

Who are you like most, Mary or Martha?

If we sought Christ and focused our relationship with Him like Mary, how might our lives be changed?

What if we practiced a similar relationship with those, who we care most about in the same way - total focus on their goodness and ignored the petty?

Sermon Notes